

Practical information for a peaceful departure for your stay
to print and slip in your travel bag

[?] EUROPEAN EMERGENCY NUMBER 112

[?] EMERGENCY NUMBER OUTSIDE the European Union:

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[?] EMBASSY CONTACT NUMBER:

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[?] LOCAL CONTACT NUMBER / ADDRESS (FAMILY OR RESIDENCE):

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DO NOT FORGET:

- Provide the original treatment prescriptions in a folder.
- Provide prescriptions' scans for current treatments on a USB key.
- It is best to try to translate all medical documents in order to facilitate possible on-site care (especially in English).
- Some medicines and substances are banned or highly controlled in some countries; check with your health care professional and the countries in question to plan their transport in the best conditions.