



INTERNATIONAL MOBILITY WITH DISABILITIES

- Final event -

21st of May 2021 - 2:30pm to 5:30pm



Agenda



Please keep your mic off during presentations :)



2:30pm - Welcoming participants and introducing the event

2:50pm - Presenting the project and its partners

3:05pm - Meeting you !

Coffee break - 15 minutes

3:35pm - Going abroad with a disability ? Their testimony and your experience !

4:10pm - Our study about the barriers that remain about international mobilities for youth with disabilities - Your opinions

Coffee break - 15 minutes

4:40pm - Our study about the practices of youth structures when young people with disabilities arrive in a new country - Your opinions

5:00pm - The platform, how it works, the information you can find, and the ways to contribute !

5:30pm - End of the event

1. The project

its goals



 *its journey*

The project history and goals



The International Mobility with Disabilities is a European project that started in 2019, funded by the Erasmus+ programme of the European Commission.

- It aims at providing **accessible** information for **youth with disabilities** about **all stages of the mobility path** (pre-departure, on-site, return)
- The project also allows **youth structures and youth workers** to better understand the **challenges** faced by youth with disabilities while travelling abroad.
- In addition, IMD brings **together** actors of **disability** and those of **international mobility** by involving young people with disabilities, their families and carers, youth workers and youth associations.

Our journey



With our initiative to bridge further the gap between young people with disabilities and a greater accessibility for international mobility programmes, we worked to provide several tools:

- a first **study** was conducted about the **barriers** that still exist for young people with **disability** toward **international mobility**, and its conclusions will be presented today.
- a second **study** was also undertaken, to observe **good practices** when **supporting** young people with disabilities in their journey abroad, and its results will be shared today.
- a **website** was structured, to provide **centralised information, specialised contacts, testimonies** and **training** and **pedagogical tools**, guiding both young people and youth structures step by step into the preparation of a mobility.

The project partners



We have been working with experts from Ireland, France, Germany, Austria and Croatia



The project partners



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And we were also lucky to count on the support of associated partners

- Centre d'Information Jeunesse (CIDJ)
– France
- DGT – Romania
- ESN International – European network
- Jaccède – France
- Ladapt – France
- Logix Education Center – Czech Republic
- OBESSU – European network
- Renato – Romania
- UNICA – European network

And to work with

- WeltWegWeiser
- IJAB

2. Getting to know each other



in groups

for 15 minutes



Let's tell each other a bit about ourselves



- Where do you come from ?
- Are you a student, a young person, a youth worker, an institution representative, etc ?
- Where did you hear about the event ?
- What interested you about it ?

3. Going abroad with a disability ?

 *Their testimony*

Your experience 



Going abroad with a disability ? Their testimony



Activity 1 - Video testimonies

- Mandy and Jérôme went abroad during their studies, and their needs regarding their disability were taken into account.
- Inga, a youth worker, explains how she adapts to these needs, to be as inclusive as possible.

Activity 2 - Live testimony

- Ivona is a journalist, and has travelled on several occasions, facing both struggles and pleasant surprises.
- She gathers 5 keys to overcome mobility challenges.

[Readable here on the website.](#)



Going abroad with a disability ? Their testimony



Activity 1 - Video testimonies

- How to prepare going abroad with a disability ? - 1- <https://youtu.be/xDLNOitf8W8>
- How to prepare going abroad with a disability ? - 2- <https://youtu.be/LrThoHbTMIw>
- How to support someone with a disability during their stay abroad ? - 1 - <https://youtu.be/0ft5flUCJ7k>
- How to support someone with a disability during their stay abroad ? - 2- <https://youtu.be/4s9pvmraw38>

Going abroad with a disability ? Your reactions !



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What do you think ?

- Do these testimonies help you imagining a mobility abroad ?
- Do they motivate you to plan (another) one ?
- Do they help you better understand the struggles that can be faced ?
- Have you encountered similar experiences ?
- What do you wish to be easier when going on an international mobility ?

4. Our study about the barriers and needs about international mobilities for youth with disabilities



The barriers about international mobilities for youth with disabilities



- As reports from the **Erasmus+ 2014-2020** programme show: **less than 1% of young people are receiving special support** to cover their costs related to disability, which is the most solid way to measure how many young people with disabilities are going to international mobility.

This study aimed at better **understanding** what are **the challenges** faced by young people with disabilities while going abroad and to **raise awareness** about the general **barriers** encountered.

- We have chosen to focus on **3 countries**: Austria, France and Ireland.
- The study has targeted **two groups**: young people with disabilities **who went abroad** and those **who did not**. The objective was to understand the main **factors leading to the decision** to go or not to go abroad.

The barriers about international mobilities for youth with disabilities



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Barriers to international mobility can be classified into 6 categories.

1. Lack of awareness about international mobility opportunities
2. Lack of accessible information
3. Finances
4. Lack of accessible transportation (both local and international)
5. Negative attitudes and lack of respect
6. Lack of systems to implement support solutions

The barriers about international mobilities for youth with disabilities



Focus on personal assistants

Personal mobility is a right. The promotion of the profession of personal assistants is one of the keys to meet the expectations of a qualitative international mobility for young people with disabilities who need such support. However, this issue is still poorly addressed because of the following challenges :

1. Assess the needs to require a personal assistant
2. Find the more suited personal assistant
3. Train the personal assistant to provide the best support possible
4. Find additional funding to pay the personal assistant

The barriers about international mobilities for youth with disabilities



Benefits from international mobility for young people with disabilities

- **Employability:** There is a clear connection between going abroad and the 21st century job skills required. For students with disabilities, the opportunity to gain these skills abroad is critical, given that these students find themselves at the bottom of the employment queue.
- **Acquisition of soft skills:** (adaptation, communication, self management, curiosity). For young people with disabilities, it provides a crucial pathway to employment as it enables them to acquire demonstrable independence, resilience and coping skills along with leadership and adaptability.
- **Intercultural skills:** Young people learn to cooperate and communicate with people of different cultures, backgrounds and languages even on short term programmes.
- **Personal skills:** International mobility can boost self-esteem and sense of adventure through travel and intercultural experiences. It proves young people they have learnt to flourish outside of their comfort zone, thus granting them self-knowledge, confidence and independence.

The barriers about international mobilities for youth with disabilities



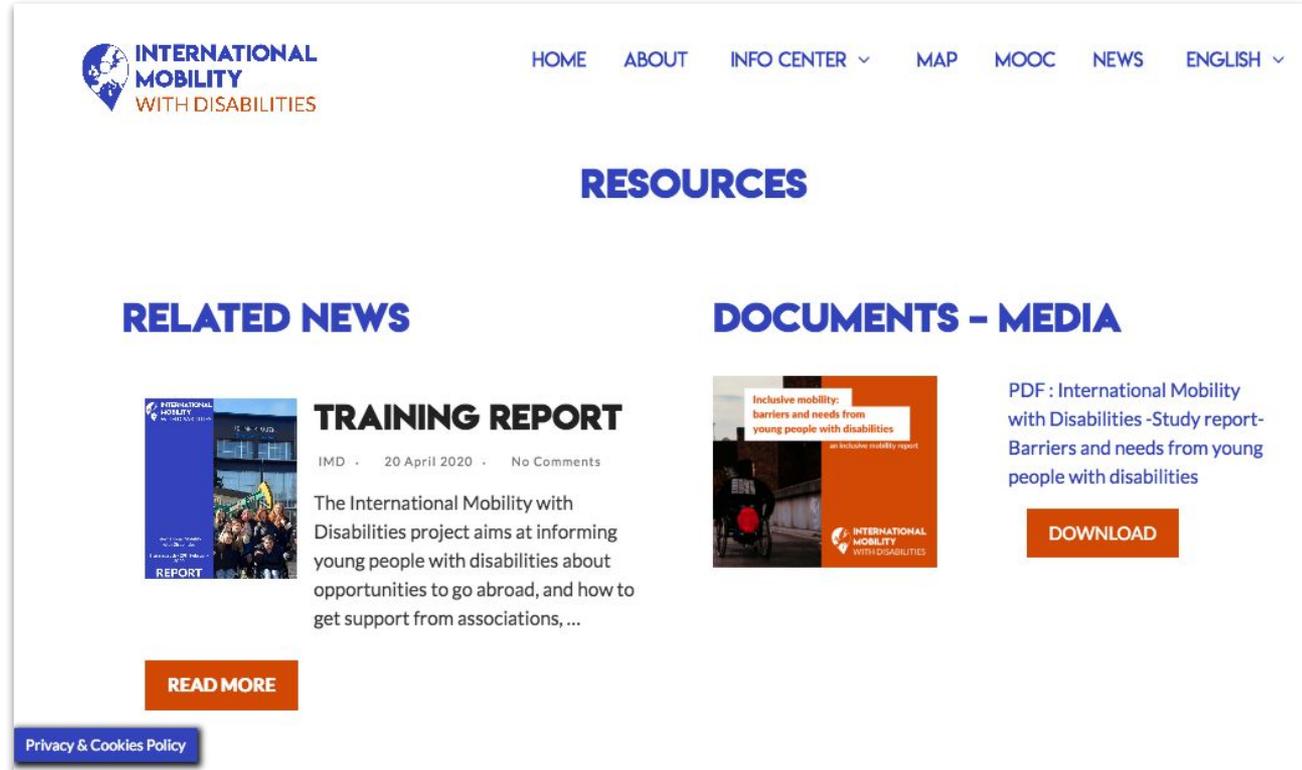
In short words, success of an international mobility for a young person with disabilities can be summarized by four key behaviors:

- understanding the real needs of a person with a disability
- empower a person with a disability to indicate their challenges themselves and to actively participate in finding needed solutions
- open communication with all the parties involved in an international mobility programme
- ensure flexibility in planning activities, as well as planning in advance these activities so it can better adapt to the young people's needs

The barriers about international mobilities for youth with disabilities

The complete analysis and report is available on the website:

mobility-with-disabilities.org/ressources/



The screenshot shows the website's 'RESOURCES' page. At the top left is the logo for 'INTERNATIONAL MOBILITY WITH DISABILITIES'. The navigation menu includes 'HOME', 'ABOUT', 'INFO CENTER', 'MAP', 'MOOC', 'NEWS', and 'ENGLISH'. The main heading is 'RESOURCES'. Below it are two sections: 'RELATED NEWS' and 'DOCUMENTS - MEDIA'. Under 'RELATED NEWS', there is a 'TRAINING REPORT' dated 20 April 2020, with a 'READ MORE' button. Under 'DOCUMENTS - MEDIA', there is a PDF report titled 'Inclusive mobility: barriers and needs from young people with disabilities' with a 'DOWNLOAD' button. A 'Privacy & Cookies Policy' link is at the bottom left.

INTERNATIONAL MOBILITY WITH DISABILITIES

HOME ABOUT INFO CENTER MAP MOOC NEWS ENGLISH

RESOURCES

RELATED NEWS

TRAINING REPORT

IMD · 20 April 2020 · No Comments

The International Mobility with Disabilities project aims at informing young people with disabilities about opportunities to go abroad, and how to get support from associations, ...

[READ MORE](#)

DOCUMENTS - MEDIA

PDF : International Mobility with Disabilities -Study report- Barriers and needs from young people with disabilities

[DOWNLOAD](#)

[Privacy & Cookies Policy](#)

5. Our study about the practices of youth structures



The practices of youth structures

One aim of the project is to give youth structures and youth workers keys to support young people with disabilities during all stages of international mobility (preparation, on-site and return).

- To achieve this goal, a study on good practices to welcome, host and support youth with disabilities in a new country was carried out in summer 2020.
- There was both a **quantitative** and **qualitative** part to this study, to strengthen observations with discussions among **focus groups**, which were conducted in **France, Germany and Austria**.

The practices of youth structures

It seems it is very challenging to meet the current quality standards for inclusive international mobility, especially for organisations that do not work specifically for the target group of young people with disabilities, but whose services and work are aimed at all interested young people.

- The main reasons for this are again a **lack of resources and expertise** as well as **adequate hosting partners**. The last two reasons were also given by those organisations that indicated in the survey that they had not **yet** organised inclusive international mobility.

Meeting IJAB - International Youth Service of the Federal Republic of Germany



What is IJAB ?

- They promote international exchanges and programmes with the aim of creating greater mutual understanding, offering international learning opportunities, enabling more participation, and combating xenophobia, racism and violence.
- IJAB implements projects on youth policy-related issues together with its international partners and promotes the exchange of expertise within the child and youth services community, bringing together stakeholders from Germany and abroad to this end.
- They inform and advise child and youth services providers, policymakers and administrators and offers training courses, expert exchanges, handbooks and manuals, and specialist publications. It also advises young people on going abroad and obtaining funding.

Meeting IJAB - International Youth Service of the Federal Republic of Germany



Claudia Mierzowski

Project Officer

International Youth Policy Cooperation

Introducing IJAB's project "Vision:Inclusion", an initiative that seeks to answer these 2 questions:

- How can international youth work activities be structured in such a way that young people with an impairment or disability can enjoy full access?
- And what needs to be put in place for that to happen?

Their presentation is also available on the website.

6. Our platform: mobility-with-disabilities.org





Our web platform

There will be final touches, but here is what you can find:

1. Information about the project itself
2. An info center
 - a section for youth with disabilities
 - a section for youth workers and HEI
3. A toolbox
 - a short MOOC
 - the two studies reports (*the last study to be added soon*)
 - the handbook of good practices (*to be added soon*)
4. A map of European youth structures (international mobility support, and disability support)
5. A news section
 - project updates
 - blog articles

**TRAVEL, VOLUNTEER, LEARN AND
DISCOVER TO ALL:**

**NO MATTER YOUR DISABILITY, YOU HAVE
THE RIGHT TO HAVE AN EXPERIENCE
ABROAD !**



The MOOC

Here is what you can find:

- 4 pedagogical sessions (in English and German, with subtitles)
- Each with a video, a textual content, project resources, and links to relevant websites, related to the topics presented.

The screenshot shows the landing page for the IMD MOOC. At the top, the title 'IMD MOOC' is displayed in white on an orange background. Below the title, there are five statistics: 'Lifetime Access' (clock icon), 'All Levels' (bar chart icon), '10 Lessons' (book icon), '6 Quizzes' (puzzle pieces icon), and '15 Students' (graduation cap icon). On the right side, there is a video thumbnail of a young woman with glasses and a 'DREAM SMILE' t-shirt. Below the thumbnail, the word 'Free' is written in black, and a blue button labeled 'START NOW' is positioned below it. A navigation bar contains three tabs: 'Overview' (selected), 'Curriculum', and 'Instructor'. The main content area begins with a welcome message: 'Welcome to the MOOC of the platform!' followed by an invitation to strengthen knowledge and approach to accessibility and inclusiveness. A paragraph below explains that the MOOC provides various perspectives on international mobility for young people with disabilities, including personal experiences and organizational support. At the bottom left, there is a 'Privacy & Cookies Policy' link. At the bottom right, a partial sentence reads: 'MOOC will give you tools for a facilitated international mobility by better informing structures'.



group activity

The MOOC

Here is what you can find:

- Short quizzes to check your understanding of each session.
- You can check your progress and come back any time.

The screenshot displays a MOOC interface with three tabs: Overview, Curriculum (selected), and Instructor. The Curriculum tab shows a list of content items with their status and completion details.

Content Item	Status	Questions	Duration
Introduction quiz	Not completed	1 question	10 min
#1 Doing a voluntary service abroad - Mandy's testimony and Inga's point of view as a youth worker (DE Subtitles)	Completed	-	-
#1 Doing a voluntary service abroad - Quiz	Not completed	3 questions	-
#1 Doing a voluntary service abroad - Other resources	Completed	-	-
#2 Getting the proper support when going abroad - Jérôme's experience (DE Subtitles)	Completed	-	-
#2 Getting the proper support when going abroad - Other resources	Completed	-	-
#2 Getting the proper support when going abroad - Quiz	Not completed	2 questions	10 min
#3 Adapting activities to the person's needs - The advice of Mandy and Jérôme (DE Subtitles)	Completed	-	-
#3 Adapting activities to the person's needs - Quiz	Not completed	2 questions	-

On the right side, there is a 'CONTINUE' button, a profile picture of a woman, and progress information:

- You started on: 29 April 2021
- Duration: Lifetime
- LESSONS COMPLETED: 2/8
- QUIZZES FINISHED: 1/6
- COURSE PROGRESS: 25%



The MOOC

The topics:

1. Doing a voluntary service abroad
2. Getting the proper support when going abroad
3. Adapting activities to the person's needs
4. Learning and implementing good practices as a structure - Benefitting from a trained structure

The screenshot shows a MOOC interface. On the left is a table of contents with a search bar at the top. The table lists various topics and quizzes, with the 'Conclusion' item at the bottom highlighted. On the right is the 'CONCLUSION' page, which displays statistics (3 questions, 00:00:00 duration, 80% passing grade) and a congratulatory message. A 'Start' button is visible at the bottom right of the page.

Search courses content	
Content	▲
#2 Getting the proper support when going abroad - Jérôme's experience (DE Subtitles)	✓
#2 Getting the proper support when going abroad - Other resources	✓
#2 Getting the proper support when going abroad - Quiz 2 questions 10 min	✓
#3 Adapting activities to the person's needs - The advice of Mandy and Jérôme (DE Subtitles)	✓
#3 Adapting activities to the person's needs - Quiz 3 questions	✓
#3 Adapting activities to the person's needs - Other resources	✓
#4 Learning and implementing good practices as a structure - Benefitting from a trained structure - Mandy's and Jérôme's testimony and Inga's point of view as a youth worker (DE Subtitles)	✓
#4 Learning and implementing good practices as a structure - Quiz 3 questions	✓
#4 Learning and implementing good practices as a structure - Other resources	✓
Conclusion 3 questions	✓

IMD MOOC 3 of 3

CONCLUSION

🧩 Questions: 3 ⌚ Duration: 00:00:00 📶 Passing grade: 80%

Congratulations, you have just completed this MOOC!

It has been created by the project partners, whose description [can be found here](#), the content you have been offered will be useful to you.

You can return to the pages of this MOOC as many times as you like to find the text which can be found on the website.

Thank you for your answers to the previous questions. Here are a few final ones to give you an opinion:

Start

◀ Prev



group activity

Our web platform



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We have some questions for you !

- Would you use the platform?
- How comfortable would you feel with the features?
- What other information would you want to see ?
- Would you want to contribute, and how ?
 - registering as a structure on the map ?
 - writing blog articles ?
 - sending your mobility testimony to contact@mobility-with-disabilities.org ?



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**This is the end of the
event !**

Please give us your feedbacks on
the Zoom questions feature !

**Thank you very much for
your participation !**

We want to stay in touch !

- You can write to us on
contact@mobility-with-disabilities.org
- You can find us on our website
mobility-with-disabilities.org

**Thank you to our partners and speakers today
!**